



Mission Statement  
To have the ultimate client experience ever.



Inside this issue:

Car Checkup	2
Upcoming Events	
Recipe	3
IPad Winner	3
On the Lighter Side	4
Sudoku	4
Hours	4



Happy Valentine's Day



This winter has been unbelievably nice, and we are almost into March. This means we just about have the cold weather beat.

The long weekend is almost here and my wife and I are going to go out to the lake. It's so nice and peaceful out there. The only down side is we don't have running water which makes it a little more difficult, but we always enjoy it.

I have a quad out there, I've never used a quad in the winter so it should be an interesting and fun experience.

I don't want to sound like a broken record, but just because the winter is nice, doesn't mean it is okay to put off your vehicles' maintenance.

During this type of weather, with the short trips your engine can get a lot of condensation (moisture) build up, which can cause internal engine problems. So doing mid winter maintenance is extremely important.

.....con't on page 3

# Give Your Car a Checkup

## Your Battery

It works harder in cold temperatures, so a weak one is a liability. It's between three and five years old, chances are that it could fail. Check for signs of corrosion, wetness, or bulges in the casing.

## Your Ignition System

Check the condition of your ignition components, including spark plugs, wires and distributor cap. Faulty components can make starting your car a game of chance, and can even cause a breakdown.

## Your Tires

Tire pressure goes down in cold weather. What was okay for fall could result in low tire pressure during the winter. Check your tire pressure regularly. Remember to check your spare too.

## Your Lights

Make sure all your interior and exterior lights are working. For safe driving, ensure your headlights are aimed correctly.

## Your Brakes

If you've noticed any change in the feel of your brakes, or if they're squealing or grinding, it may be time to have them serviced. With black ice and unpredictable weather, having good brakes can mean the difference between stopping and sliding.



## Your Windshield Wipers

Did you know that the average wiper blade lasts only six months? Check the condition of your blades if you notice streaking on the windshield. Some drivers prefer wipers designed specifically for winter driving.

## Your Fluids

The fluids in your car help things run smoothly. Make sure your engine coolant meets the requirements of your area's cold temperatures. Replace the coolant if it's been more

## Your Exhaust System

Check for leaks that could send deadly carbon monoxide into the vehicle.

## Your Heating and Cooling System

Check the radiator hoses and drive belts for cracks and leaks. Make sure the radiator cap, water pump, and thermostat work properly. Test the strength and level of the coolant/antifreeze, and make sure the heater and defroster work.

## Pre-heat your Engine

If the temperature in your area drops below  $-15\text{ C}$ , consider using a block heater to reduce engine stress.

## Keep Your Wiper Fluid Full

Keep extra fluid in your trunk. Make sure it's rated for  $-40\text{C}$ .

## Prevent your Gas Line from Freezing

Keeping your tank at least half full reduces the build-up of condensation, which can freeze and stop fuel from reaching your engine.

## Combat Rust

There are several ways to avoid rust: frequent car washes that include an undercarriage wash: rust-proofing: and applying a layer of polymer or carnauba over paint and trim.



## Upcoming Winnipeg Events



### Winnipeg Jets Schedule:

<b>Mon. Feb. 19</b> 3PM,	Jets @ Flames	<b>Thu. Feb. 29</b> 7PM,	Jets @ Stars	<b>Sat. Mar. 9</b> 9PM,	Jets @ Canucks
<b>Tue. Feb. 20</b> 7PM,	Wild @ Jets	<b>Sat. Mar. 2</b> 11:30AM,	Jets @ Hurricanes	<b>Mon. Mar. 11</b> 6:30PM,	Capitals @ Jets
<b>Fri. Feb. 23</b> 7:30PM,	Jets @ Blackhawks	<b>Sun. Mar. 3</b> 6PM,	Jets @ Sharks	<b>Wed. Mar. 13</b> 6:30PM,	Predators @ Jets
<b>Sun. Feb. 25</b> 5PM,	Coyotes @ Jets	<b>Tue. Mar. 5</b> 7PM,	Kraken @ Jets	<b>Fri. Mar. 15</b> 7PM,	Ducks @ Jets
<b>Tue. Feb. 27</b> 7PM,	Bruins @ Jets	<b>Fri. Mar. 8</b> 9PM,	Jets @ Kraken	<b>Sun. Mar. 17</b> 5PM,	Jets @ Blue Jackets

## Strawberries and Cream Lush Dessert

**Prep Time: 30 minutes   Total Time: 30 minutes   16 Servings**

**This Strawberries and Cream Lush dessert combines a crunchy crust with a creamy center and fresh strawberries for a delicious summer treat that is sure to become a favourite!**

**Ingredients:**

- |                               |  |
|-------------------------------|--|
| 1 cup vanilla wafers, crushed | 16 ounce container Cool Whip                         |
| 1/2 cup butter, melted        | 3 cups milk  |
| 1 cup finely chopped nuts     | 2 packages instant vanilla pudding (3.4 ounces each) |
| 8 oz. package cream cheese    | 1 quart strawberries, sliced                         |
| 1 cup powdered sugar          |  |



**Instructions:**

1. For crust: Combine crushed vanilla wafers, melted butter and chopped nuts. Press mixture into a 9x13 in. pan. Bake at 350 for 15 minutes. Set aside to cool.
2. In separate bowl combine cream cheese, powdered sugar and 1 1/2 cup Cool Whip. Layer mixture on cooled crust.
3. Combine milk and vanilla pudding, mixing until pudding forms. Spread mixture onto cream cheese layer.
4. Layer sliced strawberries on top of pudding mixture, reserving some strawberries for top layer.
5. Top with remaining Cool Whip and strawberries. Refrigerate till serving.

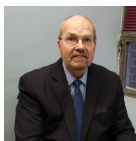
..... continued from page 1

*Do a mid winter Tune Checkup and help prevent you from being left on the side of the road.*

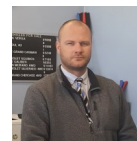
*For an appointment call 204-783-5802.*

Warmly,

Lance Reinheimer  
President



Julian Carlyle-Gordge  
Shop Co-Ordinator



Matt Skinner  
Service/Pre-Owned  
Vehicle Sales

*P.S. Cheers to love, laughter, and happily ever after. Happy Valentine's Day!*

*P.S.S. Don't neglect your vehicles' maintenance.*

## Thank You for Your Referrals

Stephanie Rossi, was our 16th iPad winner, congratulations Stephanie. Draw number 17 is in the works. Thank you to all of you that have given Lanpro referrals, it is very much appreciated. One in 10 chance of winning.



- |                    |                    |          |
|--------------------|--------------------|----------|
| 1. Jordan Lanoway  | 5. Your name here? | 9. ????? |
| 2. Donna Chambers  | 6. ?????           | 10. ???? |
| 3. Terry Van Damme | 7. ?????           |          |
| 4. ?????           | 8. ?????           |          |

## On The Lighter Side

"Ultimate Car Care"

Q. Who always has a date on Valentine's Day?  
A. A calendar!

Q. Why should you date a goalie?  
A. He's a keeper!



Q. What did the man with the broken leg tell his valentine?  
A. I have a crutch on you!

Q. How did the squirrel get his valentine's attention?  
A. He acted like a nut!



Q. What do you call sweets that can keep a beat?  
A. Candy rappers!



Q. What did the paperclip say to the magnet?  
A. I find you very attractive!

Q. What did the stamp say to the envelope on Valentine's Day?  
A. I'm stuck on you!



Q. Why didn't the skeleton want to send any Valentine's Day cards?  
A. His heart wasn't in it!



Q. How can you get arrested on Valentine's Day?  
A. For stealing someone's heart!

Q. What did one oar say to the other oar?  
A. This is so row-mantic!

Q. What did the gardener say to their date?  
A. I dig you!



Q. What did one flame say to another on Valentine's Day?  
A. We're a perfect match!



Q. What did one fish say to the other fish?  
A. You're a catch!



Q. What do you call a ghost's sweet-heart?  
A. A ghoul-friend!

Q. What do farmers give for Valentine's Day?  
A. Lots of hogs and kisses!



Q. WHAT DID THE GHOST SAY TO HIS VALENTINE?  
A. You LOOK SO BOOtiful!



Q. What is Cupid's favorite band?  
A. Kiss!!!!!!

Q. When do bed bugs fall in love?  
A. In the spring!



Q. WHY ARE ARTICHOKEs SO BELOVED?  
A. THEY'RE KNOWN FOR THEIR HEARTS!

### Sudoku (Extra Hard)

	9	6		8			
1							3
			9	2		8	
	5	7	8				9
3				9	1	6	
	2		3	5			
7							4
			2			5	9

Check out our website: [www.lanproauto.com](http://www.lanproauto.com) Email: [lanpro@mymts.net](mailto:lanpro@mymts.net)

HOURS: MONDAY - FRIDAY 7:30AM - 5:30PM  
CLOSED SATURDAY & SUNDAY