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ISSUE 45

OWNED & OPERATED BY LANCE REINHEIMER

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Mission Statement To have the ultimate client experience ever.

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October 13, 2019 30th Anniversary

Sunday October 13th, 2019 is Lanpro Autos 30th Anniversary!

When I think back over the last 30 years, a lot has changed. I started off with 2 1/2 bays at 1088 Ellice Ave. and then after 2 1/2 years took over the whole building which gave us 4 bays. We out grew the building and on the September long weekend 1997 moved into our present location that I had purchased, which gave us 9 bays.

The technological changes in vehicles over the last 30 years is staggering. How many different models there are. How nothing is simple anymore, some oil filters are not only hard to get at but are hard to find on the engine. Changing an air filter used to be, undo a wing nut and replace the air filter, now it can be an involved job.

I've had some long time employees, John Moed from day 1, for 25 years to his unfortunate passing in November 2014. He was a large part of where we are today. Leo Hartog, 17 years, worked till.....continued on page 3

Employee Profile



Saral Makkar Technician

Started at Lanpro: March 2019 Automotive Experience prior to Lanpro: 1 Year Education: Manitoba Institute of Trades & Technology -Automotive Technician - Feb. 2019 Graduated Grade 12 H.S.B. RAR School, Moga, Punjab, 2016 Interests/Hobbies: Playing soccer and guitar

"Ultimate Service So You Can Have Safe and Breakdown Free Driving"

Preventative Maintenance More Important As Vehicles Age



The average age of vehicles on the road is rising, and as cars get older, they need more service and repair. The non-profit Car Care Council recommends that motorists who own an older car, truck or SUV become more diligent about preventative maintenance.

"With the average vehicle age exceeding 11.5 years, the chance of a breakdown or service issue on an older vehicle is much greater," said Rich White, executive director, Car Care Council. The Car Care Council urges drivers of older vehicles to implement a preventative maintenance plan for their vehi-

cle to minimize the chances of a roadside breakdown and to also help their vehicle run more efficiently and economically.

According to Experian Automotive.

The average age of passenger vehicles on the road is rising, up from 11.29 years in the first quarter of 2015 to 11.6 years in 2019. The most common maintenance procedures to keep a car operating safely and reliably, while maintaining its long-term value, involve checking the oil, filters and fluids, the belts and hoses, brakes, tires and air conditioning. An annual tune-up and wheel alignment are also recommended.



Up Coming Winnipeg Events



- 1. Winnipeg Blue Bombers Home Games: Saturday October 12, 3:00 pm vs Montreal Alouettes . Friday, October 25, 7:30 pm vs Calgary Stampeders
- 2. Winnipeg Jets Home Games: Sunday, October 13, 6:00pm vs Penguins, Tuesday October 15, 7:00 pm vs Coyotes, Thursday, October 17, 7:00 pm vs Islanders, Sunday October 20, 6:00 pm vs Oilers, Tuesday, October 22, 7:00 pm vs Kings, Saturday, October 26, 9:00 pm vs Flames
- 3. Great Canadian Home Show: October 18 to October 20—RBC Convention Centre Thursday August 15, Saturday September 7, Friday September 27, Saturday, October 12 and Friday October 25.
- 4. Igor's Spooktacular Lunch: October 19—October 20—Prairie dog Central Railway
- 5. Free Zumba Classes: Every Wednesday in October, 9:00 am-Kildonan Place

Lanpro Auto's Emergency Kit

- 1 Safety Vest
- Pure Drinking Water
- First Aid Kit
- Hand Warmers
- S.O.S. Flag
- 6 in 1 Screwdriver
- Candles
- Emergency Poncho

- 11 in 1 Multi-function Pocket Knife
- Red Reflector
- Seat Beat Cutter
- Emergency Survival Blanket
- Light Stick
- LED Flashlight
- Pair of Gloves
- 8 Gauge Booster Cables



Best French Onion Chicken Meatballs

Prep Time - 15 minutes

Cook Time - 1 hour

our Total Time - 1 hour 15 minutes

Serves 4

Ingredients for the Sauce

4 Tbsp. butter 2 large onions , thinly sliced 2 cloves garlic, minced 2 cup beef broth 2 tsp. fresh chopped thyme 1 1/2 cup shredded Gruyere Salt & pepper Ingredients for the Meatballs 2 Tbsp. olive oil, for baking sheet 1 lb. Ground chicken 1/2 cup shredded Gruyere cheese 1/4 cup bread crumbs 2 Tbsp. fresh chopped parsley 1 egg beaten 2 cloves garlic, minced



Instructions:

1. Preheat oven to 425. Line a large baking sheet with foil and rub with oil

Salt & pepper

- 2. Make meatballs: In a large bowl, combine ground chicken, Gruyere, breadcrumbs, parsley, egg, garlic, salt & pepper. Form into 16 meatballs, place on prepared baking sheet & bake until golden & cooked through, 25 minutes.
- 3. Meanwhile make sauce: In a large skillet over medium heat, melt butter. Add onions & cook until very soft and golden, 25 minutes, stirring often. Add garlic & cook until fragrant, 1 minute more. Add broth & thyme & season with salt & pepper. Bring to a boil, then reduce heat & let simmer until slightly thickened, 10 minutes.
- 4. Add meatballs to skillet & sprinkle with Gruyere. Cover & cook until meatballs are warmed through & cheese is melty, 5 minutes. Serve warm, garnished with thyme.

.....continued from page 1

he was 69 years old and decided he should retire. Our Shop Co-ordinator Julian has been with Lanpro 14 years, and Matt, our main vehicle Sales Person, 10 years. My son Scott is our shop foreman and he started working in September 2001. My youngest son Dylan works as a technician and is coming up to 4 years this December.

On a sadder note, my father in law, Ken Derkson passed on this past September 13th. I will miss him. Spend as much time as you can with your grandparents, parents and siblings. You never know when your time with them will end.

I can't thank all of you enough who have supported Lanpro over the last 30 years Warmly,

-11

Lance Reinheimer President



Thank You for Your Referrals

Along with the Gift Certificates they have received, all are entered to win an IPad. (1 in 10 chance to win) We need four more referral and we will make our next IPad draw.

- 1. Greg Forsythe
- 2. Gord Kidder
- 3. Teresa O'Donnell
- 4. Jassal Parminder
- 5. Fahd Masud
- Ross Kennedy
 ?????????????
- 8. ???????????
- 9. ?????????????
- 10. ??????????????



Kerry Bews was our most recent winner of the IPad draw. Congratulations Kerry enjoy the IPad!



- Q. What happens to a frog when it breaks down? A. It gets toad!
- Q. What did the duck say when he bought lipstick? A. Put it on my bill!
- Q. Why did the witches' team lose the baseball game? A. Their bats flew away!
- Q. Why did the fish blush?
- A. Because it saw the ocean's bottom!
- Q. What did the green grape say to the purple grape?
- A. "Breath Stupid!"
- Q. What type of sandals do frogs wear?
- A. Open-toad!
- Q. What is the difference between a teacher & a train?
- A. One says "Spit out your gum", the other says "Choo choo choo!
- Q. What do you get when you cross a fish and an elephant?
- A. Swimming trunks!

Q. What happens once a minute & twice in a moment but never in a decade?

A. The letter "m"

« Alltim

Math Teacher: "if I have 5 bottles in one hand & 6 in the other hand, what do I have? Student: "A drinking problem."

Who ever invented knock knock jokes should get the no bell prize!

Why is it that your nose runs, but your feet smell?

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	1	3	5		6		8		
			7		5		9		
	3	1	9		8	5	6		
	3 8 7						1		
	7	6	3				5		
2	4								



Wicker Park Bar Break-In Thwarted When Man Pulls Door Marked "Push"

The owner of a Division Street bar got an unpleasant but slightly comical surprise, when an apparent

burglar managed to remove a lock on the bar's front door—but couldn't get in because he was pulling the unlocked door instead of pushing it.

Surveillance video from the bar shows the man twisting & prying a lock at The Shambles & dislodging a safety guard doorstop after 7 minutes of work, early Friday. Nonetheless, he failed to get in after aggressively pulling the door repeatedly. A sticker on the outside of the door reads "PUSH"

"It's much funnier on the video, but the still shots show him pulling on the door. He could have pushed it, said Joe Lin, owner of The Shambles.

Between 6:43 am & 6:47 am Friday, a large man is captured on video using a wire clip or a tool to pry the lock out of the door bar.

The "winter vestibule", or temporary cover installed in front of the bar, provided cover for the man, who could not be seen by people walking by, Lin said.

"The gall of him breaking in in broad daylight. It's light out, people are jogging by. I want to let other businesses know." Lin said on Monday. "He never made it in. It's kind of scary. He ruined the door," said Lin, adding that the man had a reflective stripe on his jacket & seemed like "a big guy"



Based on the video stills, the man appears to be wearing a baseball cap that is poking our from under his hood.

There was an elderly couple who in their old age noticed that they were getting a lot more forgetful, so they decided to go to the doctor. The doctor told them that they should start writing things down so they don't forget. They went home & the old lady told her husband to get her a bowl of ice cream. "You might want to write it down' she said. The husband said 'No, I can remember a bowl of ice cream' She then told her husband she wanted a bowl of ice cream with whipped cream. "Write it down," she told him, & again he said "No, no, I can remember you want a bowl of ice cream with whipped cream." Then the old lady said she wants a bowl of ice cream with whipped cream & cherry on top. "Write it down," she told her husband again, he said., "No, I got it. You want a bowl of ice cream with whipped cream & a cherry on top." So he goes to get the ice cream & spends an unusually long time in

the kitchen, over 30 minutes. He comes out to his wife & hands her a plate of bacon & eggs. The old wife stares at the plate for a moment, then looks at her husband & asks, "Where's the toast?"



Check out our website: www.lanproauto.com Email: lanpro@mts.net HOURS: MONDAY - FRIDAY 7:30AM - 5:30PM *SATURDAY 8:00AM - NOON *CLOSED LONG WEEKENDS

Sudoku