



ISSUE 51

OWNED & OPERATED BY LANCE REINHEIMER

AUGUST 2020

1870 ELLICE AVENUE, WINNIPEG, MB R3H 0B9 PHONE: 204-783-5802



### Mission Statement

To have the ultimate client experience ever.

## Inside this issue:

Employee Profile	1
Spare Tires	2
Up Coming Events	2
Recipe	3
Referrals	3
Draw Winner	3
On the Lighter Side	4
Sudoku	4
Hours	4



## This Summer's Weather!

THE ONE THING GOOD ABOUT THE WEATHER IS IT DOESN'T KNOW THE MESS THE WORLD IS IN. THIS HAS BEEN ONE OF THE NICEST SUMMERS IN A LONG TIME. I HOPE EVERYONE IS GETTING OUT AND ENJOYING THE MANY LAKES IN OUR PROVINCE.

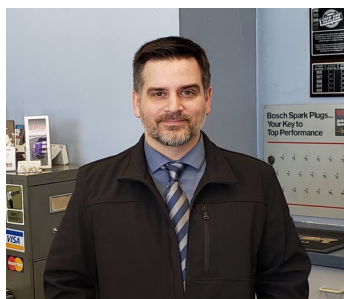
A LONG TIME CLIENT OF OURS WENT CAMPING FOR THE 1ST TIME AND SAID THAT IT WAS ONE OF THE BEST TIMES SHE'S EVER HAD. OUR SUMMERS ARE SHORT SO DON'T MISS OUT. WE HAVE A PLACE AT THE LAKE AND IT IS A FANTASTIC PLACE TO RELAX.

CHECK OUT THE COUPON INSERT. WE HAVE A NO DICKER POLICY ON OUR PRE-OWNED VEHICLES, BUT THIS COUPON IS A THANK YOU FOR ALL OF YOU THAT SUPPORTED US DURING THE LAST 4 MONTHS. IT IS SO APPRECIATED, WORDS ARE NOT ENOUGH TO SHOW YOU MY GRATITUDE. THAT'S WHY THE TWO COUPONS.



CONTINUED ON PAGE 3.....

### Employee Profile



### Julian Carlyle-Gordge Shop Co-Ordinator

Started with Lanpro Auto Care Centre Ltd. in April 2006.

I'm not sure where the time went but I have enjoyed growing and learning with the company.

In that time I've seen many changes here: from the acquisition of new technology and expanded training programs (to meet the ever changing needs of our industry) to the implementation of our unique (and free) NPA Warranty and the 25-25 Commercial Warranty.

While this forward-focus (and all the challenges of our industry) continue to make my job interesting here at Lanpro, it's the positive feedback from our loyal clientele that provides the true reward and satisfaction.

**"Ultimate Car Care So You Can Have Safe and Breakdown Free Driving"**

## The Amazing Disappearing Spare Tire

Getting a flat tire is always an unexpected challenge, but if a current trend continues you may face another surprise the net time a flat tire stands you at the roadside. Over the last dozen years automakers have been eliminating spare tires from their vehicles. Today, approximately 30 percent of new cars come without a spare (up from just 5 percent in 2006) and it is estimated there are more than 30 million cars on the road that lack a spare tire.

The main reason manufacturers are removing spare tires is tough new government fuel economy standards. A spare tire, vehicle jack and related tools can weigh 30 pounds or more. While this might not seem like much, getting rid of the weight provides a small but measurable increase in fuel economy...an increase automakers like because it saved them money in the process. Removing the spare can also free up space for cargo and passengers. Additionally, automakers say the tire pressure monitoring system (TPMS) on new cars reduce the likelihood of being stranded by the roadside with a flat tire.

### What Should You Do?

First, determine whether your car has a spare tire. Most cars without them are



equipped with either run-flat tires or a tire sealant/inflator kit. See your owner's manual for more information. Run-flat tires can be driven at reduced speeds for limited distances without air pressure. Tire sealant/inflator kits can temporarily repair small punctures, but are ineffective for larger leaks or tire sidewall damage.

If a run-flat tire loses air pressure, or a conventional flat tire is fixed with sealant/inflator kit, immediately take the car to a quality tire repair facility, as soon as possible for a permanent tire repair. If you used a sealant/inflator kit, you should also replace that, which can cost up to \$300 for certain vehicles. Some sealant have expiration dates and require replacement every four to eight years whether they are used or not.

Spare tires are optional on many cars. It might be a good idea to make the additional investment when buying a new vehicle. The cost of a spare tire may be less than that of replacing a sealant/inflator kit, and it will help ensure your mobility regardless of the reason for a flat. If your current car lacks a spare, auto dealers and aftermarket tire retailers sell spare tires and the related tools for vehicles that originally came with a sealant/inflator kit. The cost typically ranges from \$300 to \$600 depending on the vehicle.

Whatever you do, do not get caught with a flat tire, no spare, no run-flat tires, no sealant/inflator kit and no plan for what to do next. To minimize roadside frustration and delays, review the flat tire procedures for your car today.

Good car maintenance can help reduce the likelihood of getting a flat. Keep your tires properly inflated and have them periodically rotated by an auto repair shop to equalize wear and extend tire life. Replace your tires promptly when they become worn; the less tread a tire has the more vulnerable it is to suffering a puncture.

## Up Coming Winnipeg Events



**Manitoba Provincial Parks** - There are many parks and beaches in Manitoba, many are a short drive from the city. Get out and enjoy what Manitoba has to offer and support the local economy. For Manitoba attractions, check to see when or if events will be happening.

**NHL** - Unfortunately the Winnipeg Jets are out of the Stanley Cup playoffs. There are too many games to list. Go to [www.nhl.com/schedule](http://www.nhl.com/schedule), to get the game schedule

**CFL** - Confused about why the CFL is still undecided on playing, a shortened season as we are in mid August? You're not alone, and yet, even after months of drama between the league and its players association, deadlines that came and went, plus a few go-arounds with the Federal Government, there remains hope. Hopefully when you get this it will have been worked out.

**NFL** - Plans are to start September 10th. Go to [www.nfl.com/schedules/2020/reg1/](http://www.nfl.com/schedules/2020/reg1/) to see full schedule.

**MLB** - Is in full swing. Go to [www.mlb.com/schedule](http://www.mlb.com/schedule) to see full schedules.

\* As for other events in the city, unfortunately you have to check on a regular basis as things are changing constantly.

## One Pot Shrimp and Spinach Fettuccine Alfredo Pasta

### Ingredients.

### Serves 8

2 TBSP Butter	7 oz Baby Spinach	1/4 Cup parmesan
1 LB Shrimp, peeled & deveined	3 Garlic cloves, minced	cheese, grated
1/2 LB bacon, cooked, cut into small strips	1 1/2 cups heavy cream	1/3 Cup fresh parsley , chopped
	1 LB Fettuccine pasta, cooked	Salt & Pepper to taste



### Instructions:

1. In large pot, heat the butter over medium-high heat until browned.
2. Toss in the shrimp & season with salt & pepper. Sear just until pink on both sides. Remove the shrimp from the pot & set aside.
3. Sauté the garlic & bacon until fragrant, about 30 seconds. Add in the spinach & stir until begins to wilt.
4. Pour in the heavy cream & stir the pot to combine. Let the sauce come up to a simmer & reduce until thick & creamy, about 5 minutes.
5. Toss in the fettuccine, sprinkle with parmesan cheese.
6. Sprinkle in the parsley & add the shrimp back to the pot. Toss until everything has warmed through.
7. Enjoy!

.....CONTINUED FROM PAGE 1

ONE MORE THING, THE SUMMER'S HEAT IS VERY HARD ON YOUR VEHICLE. DO A MID-SUMMER TUNE/CHECK UP TO MAKE SURE YOU HAVE SAFE AND BREAKDOWN FREE DRIVING

WARMLY,

LANCE REINHEIMER  
PRESIDENT

P.S. THANK YOU FOR YOUR SUPPORT. BUT REMEMBER BOTH COUPONS EXPIRE 30/09/20



## The Winner of our Pre-Vacation/Summer Tune Check Up Draw

**Congratulations to Vinh Huynh!** Vinh was our winner of our Pre-Vacation/Summer Tune Check Up Draw!

Through the end of July if you had a Pre-Vacation/Summer Tune Check Up done, at Lanpro, your name was entered to win 2 years (6) of Conventional Oil & Filter Changes. Approx. value \$300.00.



## Thank You for Your Referrals

We need 3 more referrals before we do our 7th draw for an iPad. These 7 clients have already been entered to win.

- |                 |                      |                   |          |
|-----------------|----------------------|-------------------|----------|
| 1. Gord Price   | 4. John Kliewer      | 7. Jaskaran Singh | 10. ???? |
| 2. Gavin Rich   | 5. Gary Enns         | 8. ????           |          |
| 3. Oliver Albig | 6. Shawn Bucklaschuk | 9. ????           |          |



# On The Lighter Side

## JOKES OF THE DAY

"You know, people say they pick their nose, but I feel like I was just born with mine!"

Q. What do you get from a pampered cow?

A. Spoiled milk!



"I'm so good at sleeping. I can do it with my eyes closed!"

"I could tell a joke about pizza, but it's a little cheesy."



Q. What did the fish say when he hit the wall?

A. Dam!

Q. Where do you find a cow with no legs?

A. Right where you left it!

Never criticize someone until you have walked a mile in their shoes. That way, when you criticize them, you'll be a mile away, and you'll have their shoes!

Q. What did the left eye say to the right eye?

A. Between you and me, something smells!



I stand corrected! Said the man in orthopedic shoes!

2 cows are grazing in a field, 1 cow says to the other, "You ever worry about mad cow disease?" The other cow says, "Why would I care? I'm a helicopter!"

"I don't 'trust stairs. They're always up to something!"

Q. How do you get a squirrel to like you?

A. Act like a nut!



Q. Why don't eggs tell jokes?

A. They'd crack each other up!

"Did you hear about the guy who invented the knock-knock joke? He won the 'no-bell' prize."

Q. What do you call someone with no body & no nose?

A. Nobody knows!

Q. Why can't a nose be 12 inches long?

A. Because then it would be a foot!

Q. Why did the math book look so sad?

A. Because of all its problems!



idiot@jail.com

Amateur criminal and professional dumb dumb Christopher Kron made every mistake possible in robbery history when he tried to rob a restaurant after it closed one night. Not only did he trip the silent alarm, but when ADT called the restaurant after being notified, Kron answered the phone and gave them his **REAL NAME**. He returned to the restaurant the next day and was recognized by an employee who had seen the surveillance video. Kron was arrested on the spot!

Q. What do you call cheese that isn't yours?  
A. Nacho cheese!

Q. How do you make a tissue dance?

A. You put a little boogie in it!



I WAS WONDERING WHY THE BALL WAS GETTING BIGGER. THEN IT HIT ME!!!

## Sudoku (Hard)

1				7	4	5		
			9				1	
8					2		4	
						6	8	2
		2				9		
5	7	6						
	9		2					3
	4				5			
		5	7	3				4

Check out our website: [www.lanproauto.com](http://www.lanproauto.com) Email: [lanpro@mts.net](mailto:lanpro@mts.net)

HOURS: MONDAY - FRIDAY 7:30AM - 5:30PM

\*SATURDAY 8:00AM - NOON \*CLOSED LONG WEEKENDS