



ISSUE 54 OWNED & OPERATED BY LANCE REINHEIMER

JANUARY 2021

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**Mission Statement**  
To have the ultimate client experience ever.

## Inside this issue:

Employee Profile	1
Power with Hybrid	2
Up Coming Events	2
Recipe	3
Referrals	3
IPad Winner	3
On the Lighter Side	4
Sudoku	4
Hours	4



## "2021"

THANK GOODNESS 2020 IS OVER, 2021 HAS TO BE BETTER, I CAN'T BELIEVE IT CAN BE WORSE.

IF YOU ARE A BUSINESS OWNER, IT'S BEEN ONE TOUGH YEAR TO GET THROUGH. TRYING TO FIGURE OUT WHAT TO DO WHEN YOU DON'T KNOW WHAT IS GOING TO HAPPEN ONE WEEK TO THE NEXT. STRUGGLING FOR A YEAR IS ENOUGH!

AND PERSONALLY, IT'S AS BAD, WE LOVE TO HAVE FAMILY GET TOGETHERS, BIRTHDAYS, AND ALL THE HOLIDAY TIMES. HAVING OUR GRANDCHILDREN OVER, SLEEPOVERS ETC. ALL PUT ON HOLD.

SO LET'S HOPE THINGS WILL GET BACK TO NORMAL SOONER THAN LATER.

IN FALL THE FORECAST FOR WINTER WAS COLDER THAN NORMAL—ACTUALLY SAID SEVERELY COLD TEMPERATURES AND MORE SNOW THAN NORMAL. IT AMAZES ME HOW WRONG THEY CAN BE AND STILL KEEP THEIR JOBS.

WHEN WRITING THIS THE WEATHER HAS BEEN NEAR 0° C FOR A WEEK AND GOING TO CONTINUE FOR ANOTHER WEEK. EVEN THOUGH YOU HAVEN'T BEEN DRIVING MUCH, IT DOESN'T MEAN THAT YOUR OIL DOESN'T NEED TO BE CHANGED. THE OIL ITSELF DOESN'T BREAKDOWN OVER TIME BUT THE ADDITIVES DO, LIKE DESLUDGERS, ANTICORROSIVES AND THE ELASTICITY OF THE OIL.

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## Employee Profile

### Wilf Breyfogle Licenced Technician



**Started at Lanpro:** October 2020

**Education:** Warren Collegiate, AAMCO Auto Trans Training, Hundreds of training courses. Licenced Technician since 1993.

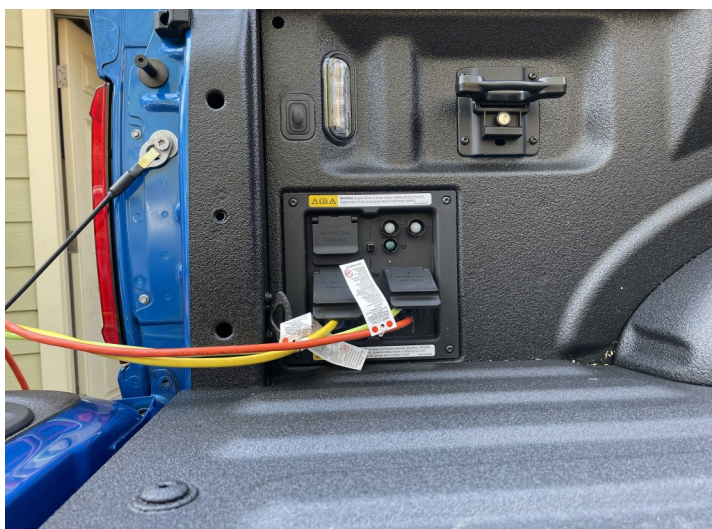
Married 18 years, 4 children-2 boys, 2 girls. 3 Grandchildren.

**Interests/Hobbies:** First hobby is my job-studying & researching new technology & techniques which I find exciting. I run for exercise & fresh air. Try to do a couple of marathons each year, and yoga.

**"Ultimate Car Care So You Can Have Safe and Breakdown Free Driving"**

# I Powered My House with the Ford F-150 Hybrid

The F-150 Hybrid's onboard generator produces 7.2 kW of power. So if the power goes out, can you use your truck to power your house?



Where I live, power outages are a frequent fact of life. Lots of trees coexist with rickety above-ground power line, until the moment they don't.

A few years ago, during Hurricane Florence, we lost power for four days. Fortunately, I bought a little

Honda EU2200i generator ahead of the storm. It was enough to power up the essentials. But even with that, I had to choose what to run, and when.

If I'd had a 2021 F-150 Hybrid in the driveway, it would have been a different story. Because given the right extension cords and power strips, the F-150 Hybrid can power your house!

## 1969 Ad

VACATION SPECIALS	
<p><b>1970 MAVERICK</b> 2-Dr. Sedans, immediate delivery, assortment of colors. <b>\$1995</b> plus freight &amp; handling</p>	<p><b>1969 FAIRLANE</b> 2-Dr. Hardtops, 4-Dr. Sedans, Convertibles. Immediate delivery, assortment of colors. <b>\$2140</b> plus freight &amp; handling</p>
<p><b>1969 MUSTANG</b> 2-Dr. Hardtops &amp; Convertibles, assortment of colors. Immediate delivery. <b>\$2260</b> plus freight &amp; handling</p>	<p><b>1969 CUSTOM 2-DR. SEDAN</b> 6-Passenger, assortment of colors. Immediate delivery, delivered in metropolitan area. <b>\$2222</b></p>
<p><b>1969 CUSTOM STATION WAGON</b> 6-Passenger, assortment of colors. Immediate delivery. <b>\$2799</b></p>	<p><b>BRAND NEW 1969 1/2-TON PICKUPS</b> 25 in stock — Assortment of colors, available immediate delivery. <b>\$2155</b> &amp; up</p>
<p><b>STEVE ALOI—FORD</b> ROUTE 11 — MATTYDALE AT NORTHERN LIGHTS 454-2436</p>	

## Up Coming Events



- Winnipeg Jets Schedule:** [Thurs. Jan. 14](#), 7PM, Calgary Flames @ Jets, [Mon. Jan. 18](#), 6PM, Jets @ Toronto Maple Leafs, [Tues. Jan. 19](#), 6PM, Jets @ Ottawa Senators, [Thurs., Jan. 21](#), 6PM Jets @ Senators, [Sat. Jan. 23](#), 9PM, Senators @ Jets, [Sun. Jan. 24](#), 8PM, Edmonton Oilers @ Jets, [Tues., Jan. 26](#), 7PM, Oilers @ Jets, [Sat. Jan. 30](#), 9PM, Vancouver Canucks @ Jets, [Mon. Feb. 1](#), 7PM, Flames @ Jets, [Tues., Feb. 2](#), 7PM, Flames @ Jets, [Thurs. Feb. 4](#), 7PM, Flames @ Jets, [Tues., Feb. 9](#), 9PM, Jets @ Flames, [Thurs., Feb. 11](#), 7PM Senators @ Jets, [Sat. Feb. 13](#), 2 PM, Senators @ Jets.
- NFL Play Off Schedule:** [Sat. Jan. 16](#), NFL Divisional Round, 2 games TBD, [Sun. Jan. 17](#), NFL Divisional Round, 2 games TBD. [Sun. Jan. 24](#), NFL Conference Championships, 2 games TBD. [Sunday Feb. 7](#), **Superbowl**, teams TBD.
- NBA Raptors Schedule:** Go to Toronto Raptors schedule for details.
- UPCOMING WINNIPEG EVENTS:** Go to [Tourismwinnipeg.com](http://Tourismwinnipeg.com) to see what's on. Unfortunately these things change without much notice.

## Scalloped Potato Roll

Serves 8

### Ingredients.

6 potatoes, peeled	4 Tbsp fresh parsley, chopped, divided
2 cup grated parmesan cheese, divided	1 tsp paprika
3 tsp salt, divided	1/2 tsp pepper
4 tbsp olive oil, divided	6 cups spinach
1 lb ground beef	2 cloves garlic, minced
1 sweet onion, diced	1 cup ricotta cheese
14oz can diced tomato, drained	1 cup shredded mozzarella cheese

### Instructions: Preheat oven to 350F

1. Use knife or mandolin, cut potatoes into 1/8 inch slices.
2. On a parchment paper-lined baking sheet, sprinkle half the Parmesan cheese & spread until it is evenly covering the pan.
3. Place potatoes over parmesan so each potato is overlapping the previous potato both vertically & horizontally. Continue till the entire pan is filled with potatoes
4. Sprinkle rest of parmesan evenly over the potatoes. Season with 1 tsp salt. Bake for 30 minutes, till golden and the potatoes are flexible and slightly crispy.
5. In a skillet heat 2 TBSP oil on medium heat, add onions, cook till caramelized, about 15 minutes, add beef, mix with onion till cooked. Mix in tomatoes, 3 TBSP parsley, paprika, 1 TSP salt & pepper. Stir, cooking until beef is browned. Remove from heat.
6. In skillet, heat 2TBSP oil on medium heat. Add spinach, cook till wilted. Add 1TSP salt and the garlic, stir, remove from heat.
7. In a bowl, combine spinach mixture with ricotta. Spread mixture over the cooked potato sheet.
8. Evenly spread the beef mixture over the spinach, sprinkle mozzarella over the beef.
9. Take one end of the potato sheet holding the parchment paper, begin rolling upward, making sure the ingredients are not coming out the ends.
10. Once it is completely rolled, place the potato roll on the parchment paper and bake for 15 minutes, Sprinkle with parsley. Slice and serve immediately.

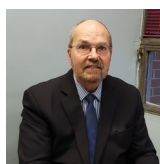


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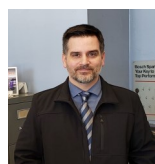
THAT'S WHY, WHEN AN OIL CHANGE IS DONE THE OIL CHANGE STICKER HAS A DATE AND A MILEAGE WHEN IT SHOULD BE REPLACED. CALL 204-783-5802 TO BOOK YOUR APPOINTMENT.

WARMLY,

LANCE REINHIMER  
PRESIDENT



Juilan Carlyle-Gordge



Matt Skinner

P.S. 2021 WILL BE BETTER

P.P.S. TAKE ADVANTAGE OF SUPPLIER DISCOUNT COUPON #1, 15% OFF

P.P.P.S. TAKE ADVANTAGE OF SUPPLIER DISCOUNT COUPON #2, SECOND WIPER BLADE 1/2 PRICE.

## Thank You for Your Referrals

Congratulations to Kathy Davis, she was our most recent winner. Who will be our next winner? Thank you to everyone who gave us referrals. One in 10 chance.

- |                  |          |           |
|------------------|----------|-----------|
| 1. Rina Weiszner | 4. ????? | 8. ?????  |
| 2. Paul Hope     | 5. ????? | 9. ?????  |
| 3. ?????         | 6. ????? | 10. ????? |
|                  | 7. ????? |           |





## On The Lighter Side

THE YEAR IS 1920! ONE HUNDRED YEARS AGO!!!

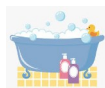
Very interesting for all ages. This will boggle your mind!

What a difference a century makes! Here are some statistics for the Year 1920.

The average life expectancy for men was 47 years.

Fuel for cars was sold in drug stores only.

Only 14 percent of the homes had a bathtub.



Only 8 percent of the homes had a telephone.

The maximum speed limit in most cities was 10 mph.

The tallest structure in the world was the Eiffel Tower.

The average U.S. wage in 1919 was 22 cents per hour.

The average U.S. worker made between \$200 & \$400 per year.

A competent accountant could expect to earn \$2,000 per year.

A dentist earned \$2,500 per year.



A veterinarian between \$1,500 and \$4,000 per year.

And, a mechanical engineer about \$5,000 per year.

More than 95% of all births took place at home.

90% of all Doctors had NO COLLEGE EDUCATION!

Instead, they attended so-called medical schools, many of which were condemned in the press AND the government as "substandard."

Most women only washed their hair once a month, and used Borax or egg yolks for shampoo



Eggs were fourteen cents a dozen.

Coffee was fifteen cents a pound.

Sugar cost 4 cents a pound

Canada passed a law that prohibited poor people from entering into their country for any reason.

The American flag had 45 stars....

The population of Las Vegas, Nevada was only 30.

There was neither a Mother's Day nor a Father's Day.

Crossword puzzles, canned beer, & iced tea hadn't been invented yet.

There were about 230 reported murders in the ENTIRE U.S.A.

The Five leading causes of death were:

1. Pneumonia and Influenza
2. Tuberculosis
3. Diarrhea
4. Heart Disease
5. Stroke

2 out of every 10 adults couldn't read or write and only 6% of all Americans had graduated high school.



18% of households had at least 1 full-time servant or domestic help....

Marijuana, heroin, morphine were all available over the counter at local corner drug-stores.

Back then pharmacists said, "Heroin clears the complexion, gives buoyancy to the mind, regulated the stomach, bowels, and is, in fact, a perfect guardian of health!" (Shocking?)

### Sudoku (Hard)

							1	
		4			5			
	9				7			
	2	7			8			3
6					3	5		
		5		1			4	
		2	8					4
		6	4		1	8		
				2				5

Check out our website: [www.lanproauto.com](http://www.lanproauto.com) Email: [lanpro@mts.net](mailto:lanpro@mts.net)

HOURS: MONDAY - FRIDAY 7:30AM - 5:30PM

\*SATURDAY 8:00AM - NOON \*CLOSED LONG WEEKENDS