



ISSUE 69

OWNED & OPERATED BY LANCE REINHEIMER

JUNE 2022

1870 ELLICE AVENUE, WINNIPEG, MB R3H 0B9 PHONE: 204-783-5802



Mission Statement
To have the ultimate client experience ever.

Inside this issue:

Why service my brakes? 2
Recipe 3
iPad Winner 3
On the Lighter Side 4
Sudoku 4
Hours 4



Happy Father's Day

All the best to all the fathers out there. It's your day, enjoy it! Our referral program is a very important component in keeping Lanpro going. We constantly need new clientele like yourselves as unfortunately, we lose clients, because they move, buy a new vehicle, and pass away.

With the referral program, we've given 12 iPads away and thank you to all that have sent clients our way. We need 7 more referees to make our next draw. Let us know if you need more referral cards. Thanking you in advance.

Our helping the homeless program is struggling con't on page 3

Upcoming Winnipeg Events



- 1. The Red River EX is Back! - Manitoba's favourite summer event is back and this time it's even BIGGER and BETTER. FRIDAY, June 17, 2022 - Sunday, June 26, 2022. Red River Exhibition Park
2. Rainbow Stage presents The Hockey Sweater, musical, June 30 -July 17
3. Manitoba Skies -Manitoba Museum Planetarium - 190 Rupert Ave. 204-956-2830. June 11, 2022 to September 5, 2022. Take a live guided tour of Manitoba's summer sky.
4. Canada Life Free Sundays @ WAG - June 12,2022 to December 11, 2022, 11am-5pm. Join Winnipeg Art Gallery on the 2nd Sunday of every month for free admission, now includes Qaumajug, an innovative new museum dedicated to Inuit art.

Ultimate Car Care So You Can Have Safe and Breakdown Free Driving

“Why Should I Get My Brakes Serviced?”

Over the last two years many consumers have been using their cars much less. Why on earth would the brakes need a thorough inspection, let alone the possibility of an expensive repair?

One of the interesting effects of the pandemic over the last two years has been that many drivers have been using their cars significantly less. This has led to a number of consequences. There’s been a measurable reduction in emission levels worldwide; people are replacing their cars more slowly, leading to a worldwide shortage of quality used vehicles. There’s been a substantial jump in the rate of deferred maintenance, and one of the most critical of these is brake inspections.

As the restriction lift and consumers gradually begin to resume our former driving habits, trouble is brewing. Corrosion caused by exposure to the elements, as well as salt and sand that many municipalities use on the roads, can negatively affect brake components, and in some ways the impact of these elements is actually greater on a sitting car than if it had been driven regularly.

Inspecting the braking system is a critical component of car care, and one of the necessary steps needed to ensure vehicle safety and maintain the performance and reliability of brake components such as pads, rotors, calipers and other system parts.

Even when fewer kilometers have been driven over the last few years, it does not mean that brake system maintenance for that vehicle can be overlooked. Drivers who put fewer km on their vehicles per year might not need to replace friction components such as pads and rotors as frequently, but they should have them checked.

Braking systems are comprised of many different components that work together to make the entire system function properly. So, in addition to inspecting the pads and rotors, typically overlooked components such as slide pins, caliper, parking brakes, and brake fluid need to be checked and service as necessary.

“Brake pads live close to the road, so they see some of the worst conditions your vehicle sees. Water, mud, dirt, and road salt are all being thrown at you brake pads every time you drive. This creates an environment that is the perfect place for corrosion to thrive. Just



look at your brake rotors after a rain-storm to see how quickly your brakes can form rust," says galvanize steel brake pad maker NRS in a recent release, "Everyday driving and using your brakes creates heat that dries out the water very quickly. Because the pads wear quickly, they usually wear out and need replacing before rust becomes a problem." But for a car that has been sitting, the water remaining on the pads can lead to premature corrosion.

With vehicles not being used as often, the brake discs can develop excessive corrosion (cast iron rusts!), which is not easily removed by the brake pads. This corrosion can cause a grinding noise along with brake squeal. The witness mark left where the pads sat does not have excessive corrosion build up and can create a thickness difference. This thickness difference can lead to brake judder or pulsation when lightly applying the brakes for highway driving speeds.

Vehicles that are operated in geographical areas subject to high corrosion from road salt or the proximity to the coast may experience slide pins that become seized, backing plates that deteriorate due to rust, and brake fluid that develops high moisture content. Other components whose performance can be also challenged by rust and corrosion, include parking brake assemblies, disc/drum combination, and manual caliper or electronic park brakes.

Brake fluid can sometimes be an area of extra concern as well, for a car that has been sitting unused, Brake fluid is hygroscopic which means it absorbs water. Over time, excess water will lower the boiling point of the brake fluid, and

can affect how the brake system performs and how it feels. A lower boiling point can result in spongy brakes or soft pedal, brake fade, or at worst case, cause the brake system to fail.

To prevent this, standard brake fluid should be changed at two-year intervals and replaced with fresh, new brake fluid from an unopened container. It is also a good idea to check the moisture content of the brake fluid whenever servicing any component of the braking system.

While brake fluid has not changed dramatically over the past few years, we need to understand how important it is to the integrity of the system. All quality brake fluids contain an additive package that combines corrosion inhibitors anti-rust compounds, and pH balancers to extend the life of the brake components. The brake system is made up of many different materials such as steel, copper, and aluminum that are not very compatible. The brake fluid not only protects parts from corrosion, but also allows dissimilar metals to work together. Brake fluid is working every day even when the car is sitting in the garage.

It’s one thing to be ever vigilant when it comes to ensuring the customer’s brake system is in top condition and ready for the resumption of normal driving. But being able to explain that an inspection— and perhaps even a considerable repair bill— may be needed is not an easy task, especially heading into a summer of skyrocketing gas prices, inflation and other demands on the customer’s wallet. How can we stress the importance of brake service?

The brake system is a critical safety system of the vehicle. With long periods of sitting, corrosion build-up on the brake discs can lead to noise and pulsation concerns. Additionally, without use, the caliper functionality may become impaired, creating longer stopping distances. Brake system inspections can assure the proper function of the caliper, making sure the vehicle maintains good stopping power.

Spinach Artichoke Bombs

Prep. Time: 15 minutes Total Time: 40 minutes Makes 8

Ingredients:

- | | | |
|---|---------------------------|----------------------------|
| 10 oz cream cheese, softened | 1 cup grated parmesan | 1 tsp parsley, minced |
| 1/2 cup finely chopped artichoke hearts | 1 garlic clove, minced | 1/2 tsp garlic powder |
| 1/2 cup finely chopped spinach | 1/2 tsp red pepper flakes | 1 can crescent sheet dough |
| 1 1/4 cup shredded mozzarella | 2 TBSP butter, melted | Salt & pepper |



Instructions:

1. Preheat oven to 350° and line a small cooking sheet with parchment paper. In a large bowl, combine cream cheese, artichoke hearts, spinach, mozzarella, parmesan, garlic and red pepper flakes. Season with salt and pepper and stir to combine. Form into one large ball.
2. Roll crescent dough out on prepared baking sheet and place cheese ball in center. Wrap dough around cheese ball and seal. Flip over so that the clean side is up.

Combine melted butter with parsley and garlic powder. Brush all over ball and bake until golden, about 25 minutes. Serve.

.....continued from page 1

for two reasons. The first, is that we never have enough cheeseburgers etc. to go around. This last time, we were at least 25 short and we had to turn them away. It's heartbreaking when you see the look in their eyes.

So my son and I were talking and we think we need to increase our cheeseburgers to 125, but this creates the second problem, the cost! The increase in cost which would go up to \$900.00-\$1000.00. if you can find it in your heart to help -every dollar counts. There is no tax receipt, just know that all the money you donate goes directly to the homeless. The need is huge and they need your help. Either drop off your donation at Lanpro or do an e-transfer to lreinheimer@mymts.net. Help us put some smiles on their faces.



We've had a lot of comments and compliments on our digital inspection program and the text to pay. We think it's a huge asset as we can send you pictures and videos of the problems with your vehicle. It's very tough sometimes to explain what we've found, where with a picture or video you can see it.

Call **204-783-5802** for an appointment.

Warmly

Lance Reinheimer
President



Julian Carlyle-Gordge
Shop Co-Ordinator



Matt Skinner
Service/Pre-Owned
Vehicle Sales

P.S. Book your Prevacation maintenance early to make sure you get in.

P.P.S. For helping the homeless e-transfer the money to lreinheimer@mymts.net.

Thank You for Your Referrals



One in 10 chance of winning. Our 12th draw was in April. Congratulations to Don Michon. We are now working up to lucky 13th draw. Thank you to all of you that have given Lanpro referrals, it is very much appreciated.

- | | | |
|--------------------|-----------------------|--------------------|
| 1. Miriam Mort | 5. ????? | 9. Your name here? |
| 2. Luke Loewen | 6. Your name? | 10. ????? |
| 3. John Graham | 7. Could this be you? | |
| 4. Your name here? | 8. ????? | |

On The Lighter Side



"Ultimate Car Care"

Q. What treats do dads like for Father's Day?
A. POPsicles !

Q. How do dads like their steak on Father's Day?
A. On a plate !

Q. What do hermit crabs do on Father's Day?
A. They shellabrate their dads!

Q. Where do dads like to dance on Father's Day?
A. Golf Clubs !!!



Q. What did the Panda give his daddy on Father's Day?
A. A bear hug ! 

Q. Why did the kids give their dad a blanket on Father's Day?
A. Because he was the coolest Dad !

Q. What did the ferret do with his dad on Father's Day?
A. They played POP goes the weasel!

Q. What's the first thing a dad does on Father's Day?
A. He wakes up !



"I certainly hope it doesn't take me as long to pay the bill as it did for you to get the part."

Q. How do Dads look on Father's Day?
A. With their eyes !

Q. Why shouldn't you argue with dad on Father's Day?
A. Because Father Knows Best !

Q. Why did the daddy cat want to go bowling on Father's Day?
A. He was an alley cat!



Q. Why do dads who like golf get extra pairs of socks for Father's Day?
A. Just in case they finally get a hole in one!

Q. WHEN DOES A JOKE BECOME A DAD JOKE?
A. WHEN IT BECOMES APPARENT!

Q. What did the Baby Corn say to the Mama Corn?
A. Where's Pop Corn!!

I LIKE TELLING DAD JOKES.
SOMETIMES HE LAUGHS !

Sudoku (Hard)

9			5					
8			1	6				
	3	6				1	7	
7			2					
						9	6	2
			3				8	
	9		8	3		5	1	6
1						2	3	9

Check out our website: www.lanproauto.com Email: lanpro@mts.net

HOURS: MONDAY - FRIDAY 7:30AM - 5:30PM
*SATURDAY 8:00AM - NOON *CLOSED LONG WEEKENDS