

LANPRO

AUTO CARE CENTRE LTD.

ISSUE 72

OWNED & OPERATED BY LANCE REINHEIMER

SEPTEMBER 2022

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Mission Statement
To have the ultimate client experience ever.



School's Back



A lot of moms are very happy to have the kids back in school. After two month of go go go and trying to keep the kids busy and out of trouble, they need the break. Remember 30 km per hour in school zones and watch for the kids when you are driving, as they are too busy to watch for cars.

THANK YOU, THANK YOU, THANK YOU, to all of you that helped me with helping the homeless. Many of you donated multiple times. We put smiles on nearly 1,800 people with cheeseburger, drinks, muffins, sock, underwear, togues, soaps, hats, scarves, slippers, mitts, neck warmers, and afghans. I am going to stop doing it, not by choice, but due to the amount of rising costs.

Yes, maintenance does cost but in the long run you will find it will save you money.con't on page 3

Inside this issue:

Employee Profile	1
Best Selling Sports Coupe	2
Winnipeg Events	2
Recipe	3
IPad Winner	3
On the Lighter Side	4
Dumb Criminals	4
Sudoku	4
Hours	4



Employee Profile



Adam Winter Licenced Technician

Started at Lanpro: September 2022
Education: Graduated Springfield Collegiate Institute 2008
 -Graduated Lake-Land College -Red Seal 2018
 -Safety Certified 2019
 -Mopia Certified 2021
Experience Prior to Lanpro: 17 Years
 Engaged 1 year, 5 combined children
Interests/Hobbies: Working on vehicles, quadding, snow-mobiling, camping, traveling and spending time with family.

“Ultimate Car Care So You Can Have Safe and Breakdown Free Driving”

Ford Mustang is World's Best-Selling Sports Coupe for 7th Year in a Row

Mustang retains its sales crown for 2021 led by the pinnacle of 5.0-litre V8 performance, Mustang Mach 1, and the track-ready Mustang Shelby GT500, the most powerful street-legal Ford and most advanced Mustang ever. Source: Autosphere



2022 Ford Mustang Shelby GT500

“When enthusiasts around the world get into a Mustang, they unlock that feeling of freedom and experience the open road,” said Kumar Galhotra, president, Ford Blue. “That feeling, along with iconic design, awesome powertrains and a passionate global community all contribute to making Mustang a sales leader for the seventh year in a row.”

According to Ford internal data, the United States remains home to the strongest demand for Mustang repre-

-senting 76% of global sales. Other markets that saw growth in Mustang sales in 2021 include New Zealand, up 54.3%, Brazil, up 37.3%, and South Korea, up 16.6%. For those who wanted a Mustang of their own, customers retail orders nearly doubled in 2021 compared to the year prior.

Ford looks to continue this momentum with five new special editions in the lineup, including Mustang Ice White (also available on Mustang Mach-E),

Shelby GT500 Heritage Edition, GT California Special, Coastal Limited and Stealth. From Mustang Eco Boost to Shelby GT500, there is a special edition at every performance level for muscle car enthusiasts.

Mustang gains eight new colour options for 2022 as well, including Ford Performance-exclusive Code Orange on Shelby GT500, while Brittany Blue Metallic returns specifically for Shelby GT500 Heritage and Coastal Limited models. Additional new colours are available across the lineup – including Atlas Blue Metallic, Cyber Orange Metallic Tri-Coat, Dark Matter Gray Metallic, Eruption Green Metallic, Grabber Blue Metallic and Mischievous Purple Metallic.

Mustang Mach-E, the newest member of the Mustang family, also had a successful 2021 as one of the hottest products at Ford. In addition to a strong first full year of sales, the Mustang Mach-E earned a trophy-case worth of press awards, including the coveted North American Utility Vehicle of the Year honour, Car and Driver’s 2021 EV of the Year, 2021 Wards 10 Best award and a 2022 Kelley Blue Book Best Buy Award. Mustang Mach-E was also recently named a finalist for the 2022 World Car of the Year.

Upcoming Winnipeg Events



1. **Winnipeg Jets** - Start Pre-Season, Sunday, September 25 at 5:00pm. Regular season starts October 14th. GO JETS GO!
2. **Winnipeg Art Gallery-Permanent Collection** - September 14 to October 29, 2022. Tuesday-Sunday, 11am-5pm; 9pm Fridays. Your permanent collection is back on view! Revisit old favorites from our European & Canadian collections.
3. **First Fridays in The Exchange** - Free. Once a month, year round, arts-focused event in the Exchange dedicated to bringing together artist, artist run centers, galleries, businesses & the public. Every first Friday as of October 7, 2022, 5-9pm & later.
4. **Downtown Farmers Market** - September 15 to December 15, 2022, 10am-2:30 pm. Takes place at City Place, 333 St Mary every Thursday through summer months and every 2nd Thursday during the winter months.

Chicken Souvlaki

Simple and healthy Chicken Souvlaki, the marinated chicken is packed with flavour.

Prep. Time: 6 hours (marinating) Cook Time: 15 minutes Total Time: 6 hrs, 20 minutes Makes 4 servings
261 calories per serving

Ingredients:

- | | |
|--|------------------------|
| 1 lb boneless, skinless chicken breasts, in bite size pieces | 3 TBSP Greek Seasoning |
| 2 TBSP olive oil | 1 large lemon, juiced |
| 1 TBSP white wine vinegar | 1/2 tsp salt |
| 4 large garlic cloves, minced | 1/2 tsp pepper |



Instructions:

1. Combine all ingredients in a ziplock bag and shake well to mix.
2. Add chicken & shake to ensure the marinade is covering chicken. Allow to marinate in fridge overnight or at least 6 hours.
3. Remove chicken from marinade, discard leftover marinade. Thread chicken onto skewers & grill until cooked thoroughly on an outdoor grill or on the stove top with a grill pan. Serve warm.
4. Serve with Tzatziki sauce for dipping, as a topping on Greek salad, in pitas for chicken gyros or with Greek sides or roasted vegetables.

Note: To freeze, prep the chicken in marinade and place in freezer friendly ziplock bag and freeze for an easy meal later. Thaw in refrigerator overnight. Cook according to directions once thawed.

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Speaking of maintenance, it's almost fall time and you need to get your vehicle ready for winter. The summer heat put a strain on your vehicle. Don't be left out in the cold and on the side of the road. Beat the rush and get your Fall Tune/Check Up. For an appointment call **204-783-5802**.

Last but not least our technician Wilf decided to retire and we've added Adam Winter to our team. He is a licenced technician with 17 years of experience. Check out Adams profile on the front page.

Warmly


 Lance Reinheimer
 President



Julian Carlyle-Gordge
 Shop Co-Ordinator



Matt Skinner
 Service/Pre-Owned
 Vehicle Sales

P.S. **Thank you** all for your **generous donations** for **helping the homeless**.

Thank You for Your Referrals



One in 10 chance of winning. Our 12th draw was in April. Congratulations to Don Michon. We need just two more referrals before we can do the lucky 13th draw. Thank you to all of you that have given Lanpro referrals, it is very much appreciated.

- | | | |
|----------------|-------------------------------------|------------------------|
| 1. Miriam Mort | 5. James McLean | 9. ???????????????? |
| 2. Luke Loewen | 6. Jan Pedersen/ Kristin Stefansson | 10. Could this be you? |
| 3. John Graham | 7. James Gardiner | |
| 4. Vinh Huynh | 8. Erik Wiebe | |


On The Lighter Side


“Ultimate Car Care”

Q. Why did the music teacher need a ladder?
A. To reach the high notes!


Q. What's a math teacher's favorite dessert?
A. Pi! 

Q. How do you make sure to get straight A's?
A. You use a ruler!

Q. What's big & yellow that comes every morning to brighten your mom's day?
A. A school bus !!! 

Q. Why is glue bad at math?
A. It always get stuck on problems! 


Q. How do you make one vanish?
A. Add a 'g' to the beginning and it's gone!

Q. What's the difference between a teacher and a train?
A. A teacher says "Spit out that gum!" and a train says "Chew 

Q. What kind of tree does a math teacher climb?
A. Geometry !!

Q. What did the triangle say to the circle?
A. You're pointless!


Q. How can you make seven even?
A. Take away the S!

Q. What kind of school do surfers go to?
A. Boarding school! 


Q. What school supply is always tired?
A. A Knapsack!

Q. Why can't a nose be 12 inches long?
A. Because then it would be a foot!

Q. WHY DID THE M & M GO TO SCHOOL?
A. BECAUSE HE WANTED TO BE A SMARTIE!

Q. What did the pen say to the pencil?
A. What's your point! 

Q. WHY DID THE TEACHER MARRY THE JANITOR?
A. HE SWEEP HER OFF HER FEET!

Q. What starts with T, ends with T and is full of T?
A. A teapot! 

Q. Have you heard about the teacher who was cross-eyed?
A. She couldn't control her pupils!

DUMB CRIMINALS

Watch Where You're Going!



As two men waited in line at the coffee shop to pay their bill, a third cut in front of them. He threw a drink at the clerk and demanded all the money from the till. Temporarily surprised, the men quickly recovered and handcuffed the crook. Apparently, in his rush the criminal didn't notice they were police officers—in full uniform.

Sudoku (Hard)

	6						9	
		2					6	
4		3						5
							3	
				3	9			6
3			9	1			2	4
6	9		1	5				
		8	6	9				1
				2		4		

Check out our website: www.lanproauto.com Email: lanpro@mymts.net

HOURS: MONDAY - FRIDAY 7:30AM - 5:30PM

*SATURDAY 8:00AM - NOON *CLOSED LONG WEEKENDS